

Be a  
**Healthier**  
You in  
**2022!**

 **Southeast HEALTH**  
Always by your side.

**SMALL**  
changes  
can make **BIG**  
improvements to  
your overall health  
and wellness.

*Take the First Step...*

Sign up for the **"Healthier You in 2022" Challenge**  
and be entered to win great prizes like a **Yeti® cooler** or  
**\$50 Visa® gift cards** each month through September 2022.

ENTER TO WIN AT  
**[sehealth.org/challenge](https://sehealth.org/challenge)**



Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

County: \_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Fax this sheet to 573-986-5988 or email to [dleoni@sehealth.org](mailto:dleoni@sehealth.org).

Submission deadline: March 6